

Appendix 1: Pain Assessment Tools

Brief Pain Inventory

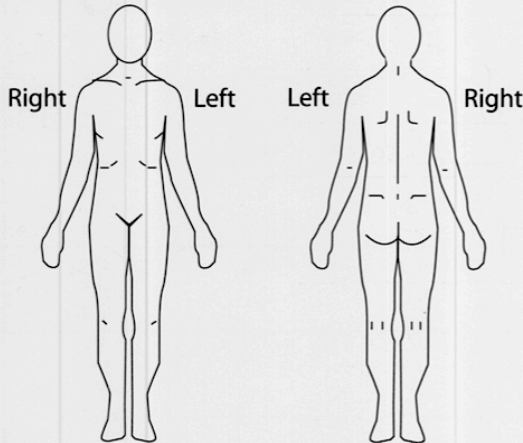
Date: ___/___/___
 Time: _____

Patient: _____
 Last First Middle Initial

1) Throughout our lives, most of us have had pain from time to time (such as minor headaches, sprains, and toothaches). Have you had pain other than these everyday kinds of pain today?

1. yes 2. no

2) On the diagram, shade in the areas where you feel pain. Put an X on the area that hurts the most.



3) Please rate your pain by circling the one number that best describes your pain at its WORST in the past 24 hours.

0 1 2 3 4 5 6 7 8 9 10
 No Pain as bad as
 pain you can imagine

4) Please rate your pain by circling the one number that best describes your pain at its LEAST in the past 24 hours.

0 1 2 3 4 5 6 7 8 9 10
 No Pain as bad as
 pain you can imagine

5) Please rate your pain by circling the one number that best describes your pain on the AVERAGE.

0 1 2 3 4 5 6 7 8 9 10
 No Pain as bad as
 pain you can imagine

6) Please rate your pain by circling the one number that tells how much pain you have RIGHT NOW.

0 1 2 3 4 5 6 7 8 9 10
 No Pain as bad as
 pain you can imagine

7) What treatments or medications are you receiving for your pain?

8) In the past 24 hours, how much RELIEF have pain treatments or medications provided? Please circle the one percentage that most shows how much.

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
 No Complete
 relief relief

9) Circle the one number that describes how, during the past 24 hours, PAIN HAS INTERFERED with your:

A. General Activity

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

B. Mood

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

C. Walking ability

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

D. Normal work (includes both work outside the home and housework)

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

E. Relations with other people

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

F. Sleep

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes

G. Enjoyment of life

0 1 2 3 4 5 6 7 8 9 10
 Does not Completely
 interfere interferes